

Impact of Education & Art Education on Human Behavior

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Reference to this paper should be made as follows:

Received: 26.01.2025
Approved: 16.05.2025

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Vol. XVI, Sp.2Issue May 2025
Article No.03, Pg. 020-028

Similarity Check: 05%

Online available at
<https://anubooks.com/special-issues?url=jgv-si-2-rbd-college-bijnore-may-25>

DOI: <https://doi.org/10.31995/jgv.2025.v16iSI005.003>

Abstract

Art Education is the part of Education itself. When we talk about Art Education, we have to understand what does Education mean, why it is so important, how it effects human being. If it is a medium to strengthen ourself for our society and nation, then no education can make someone a good human or nation lover, in the absence of value education. Education needs to be enriched with values. Values for man provide the prime motivating force behind his thought, emotions & actions which have to be moral and spiritual. Values are desirable to bring peace. Man is such a unique creation in the universe, who is free to make his destiny. Man has to follow certain principles in his life which are called values. Value education is essential for characterizing human behaviour. Art can also effect human behavior or psychology. Art can reduce stress, increase self-esteem and improve ability to cope-up with difficult situations. Art is a stratum of human being which determines the aim of life and helps to derive the feeling in right direction with considerable pace. Arts provides opportunities to cultivate values such as individual thinking, cooperation, trust, tolerance and fairness. Consequently, Visual arts hold a crucial place and significance in value education. This paper aims to emphasize on the role of art in imparting values within education.

Keywords

Education, Value Education, Objectives of Value Education, Art Education, How Art Supports Values, Education & Art Supports Behavioral Changes.

**This article has been peer-reviewed by the Review Committee of JGV.*

Education is a multifaceted process of learning and development, encompassing the transmission of knowledge, skill and values. Education not only gives us a platform to succeed, but also the knowledge of social conduct, strength, character and self-respect. The greatest gift education gives us is the knowledge of unconditional love and a set of values. These values include the simple difference between right and wrong, the importance of hard work and self-respect. Education is continuous learning experience, learning from people, learning from success and failures. Education helps us to make our life better and purposeful. Education has always played a vital role in the society's progress. Without Education, it is impossible to achieve any advancement and prosperity.

Aim of Education shouldn't be to prepare anyone just for specific job or become a successful business tycoon, The purpose of education is to ensure that students are well prepared and are well educated. This can be obtained when educational system is designed to provide the students with a value of system, a standard and a set of ideas. Students must be taught that education is not only concerned with getting high marks in exams or getting admissions in a reputable college. Education is concerned with building the students characters and preparing them for their practical life. Furthermore, education is meant to broaden the students perspective and to widen their horizon.

Man has crossed a long journey right from his lone, nomadic and forest dwelling state of living. in this journey of mental, physical and genetic development, man provide himself the best creature in the whole creation, the ablest, the super most and unique in many aspects. In the course of man's mental development education and art itself played the most vital part. Education, broadly is the means to develop the better ways of doing something or a better way of living. It is also the means through which the aims and habits of a group of people transferred from one generation to the next. Education has been a part and parcel of human development since human existence. We have come to know a number of techniques of imparting education practiced by human beings even in pre-literate societies. Throughout the prehistory, the mode of education remained oral, observational and imitative. The experienced and elder parents used to transmit their skill, knowledge, beliefs and other concerns informally to the younger generations. Same thing has been found in the scenario of art.

The basic objective of education is to ensure over all development of human being. The main ideal of education has always been to develop a man of high

character. The moral principles and beliefs are considered to be important and necessary to be a 'man' who lives for others and thus differs remarkably with the self-aiming group of animals. Values take a man towards the development of a "whole man" in whom all the traits of truth, goodness and beauty are integrated. He will not give precedence to his own interests but others. Such a man will be lovable, affectionate in every relationship, considerate and overall humanistic.

Education plays a crucial role in shaping human behavior by fostering cognitive abilities, promoting social skills and influence personal values. It enhances critical thinking, problem solving and communication skills, ultimately leading to more effective decision –making and positive social interactions. Furthermore, education can instill moral and ethical principles, contributing to responsible and empathetic behavior.

Education Influences Behavior

Cognitive Development – Education strengthens cognitive abilities like memory, attention and executive functions, which are essential for effective decision making and behavioral regulations.

Values And Beliefs: Education can instill a sense of civic responsibility, ethical principles and respect for diversity, shaping individuals values and influencing their actions.

Problem Solving and Critical Thinking : Education equips individuals with the tools to analyze situations, evaluate information and make informed decisions more effective problem solving and decision making in various aspects of life.

Lifelong Learning And Adaptability: Education fosters a mindset of conations learning and adaptability, enable individuals to adjust in changing circumstances.

Social Impact: Education contributes to individuals becoming more effective and responsible members of society.

Value Education: - Values make human life meaningful and give them a sense of direction. Value education refers to a programme of planned educational action aimed at the development of value and character also leads to success. In a way, it is a programme for character formation and personality development. Every action and thought leaves an impression which affects our present and future. Thus, value education provides necessary inputs,the school going generation is the future of our country, value education is crucial to them. It is essentially "Man making and character-

building education”. Value education planned educational action aimed at the development of proper attitudes, values, emotions & behaviour patterns of the learners, it influences all aspects of a person’s growth and development. So, value education is an integral part of education which can’t be separated from the education system.

Objectives of value Education.

Objectives of value education are as follows:

1. The main objective of value education is to include the essential values depending upon the objectives, they may be individuals, social and national values.
2. To shape a positive character, fostering qualities like responsibility, caring, honesty, integrity and sympathy.
3. Respect for dignity of individuals and diversity in society.
4. To develop an ability to reflect with an open mind on the moral dimensions of contemporary social events and incidents of every day life occurrence.
5. To bring the behavioral changes towards positivism, bring quality of life and sustainable development in the society.
6. To promote peace and harmony in the individuals and in the society.

Art Education and value education are intrinsically linked. Art provides a powerful medium for fostering empathy, critical thinking and cultural awareness, all are essential components of a well-rounded value-based education.

Art Education: - It is an interdisciplinary field of education based on culture and research, covering all fields and forms of fine arts, allowing individual to express themselves creatively. Art Education is a primary pathway to learning a journey of discovery of the meaning of teaching for aesthetic experience. Art is an expression of ideas created by human imagination, skill and invention. What is Art? This is such a question that has been defined in different ways, but none could satisfy the quest. The origin of this word “Art” is derived from a Latin word Ars or Artem. These words have an origin from the root “Ar” which means to create, to produce or to fit. Art is omnipresent like air and water. When we hear the word “Art” some of our minds jump to museum or on painting. And in that context some people think, I am not really a big fan of art, but really art is for anyone who wants to experience it and it’s often in more places than we might realize. Songs you like, movies you watch, poems, theater even a corner of your room that you have made for yourself, all of this and more is art.

Art is a stratum of human life which determines its aim and helps to derive the feelings and expressions in right direction with the considerate able pace. Since ancient time, art has been related to the human being's life. That is why we can say that "Art is another name of life". Art originated with human beings. In the beginning art was used to present the inner feelings because the language was not much developed to express their views. They used to draw pictures on walls to express their feelings. In this way the art originated.

Art is the creative expressions of emotion, thought and imagination through various materials or actions with an aesthetic concern.

Art and education are closely related. Art education can improve learning styles. Art Education can also help to improve critical thinking and problem solving skills, which can benefit student in all areas of their academic life. It's important for children's development. It helps children enhance their creativity and problem solving skills, manage emotions, improve motor skills and develop confidence. There is no subject of modern education that does not require art in any form, because we can teach anything easily with the help of art. Art is helpful to make the subject easy, perspicuous and heart touching according to the teaching method of every subject. Even the tasteless and complicated subjects became interesting and easy. The importance of art and its coordination with their subjects have been found in many ways. Besides it art contains self satisfaction and mental development also.

Value of Art Education:

1. **Developing imaginative and creative skills** – Artistic activities offer students the chance to observe, learn and think about the several new things. The development of imaginative and inventive skills helps students see and observe the world in new dimension.
2. **Boosting Mental Health**- The various forms of art help students express their emotions and experiences, which can greatly help them in relieving stress.
3. **Enhancing Cooperation And Communication Skills**. It fosters collaboration and encourages students to work together, developing team work skills. Art provides a medium for students to communicate their ideas and express emotions.
4. **Encourage Cultural Awareness and Understanding**- Through different activities, art education in schools exposes students to art forms from different cultures and historical periods. Through these art activities students get chance

to connect with various regional, national and global cultures that promote respect in students for cultural diversity.

5. **Improves Fine Motor Skills-** Enhancement of fine motor skills in another major benefit of art education in schools. These skills can be described as a child's ability to make precise movement with hands, fingers etc. which involves the coordination of joints, muscles and nerves. Form holding a pen or a pencil to draw a pictures it helps enhance fine motor skills in students by stimulating their hand - eye coordination. By stimulating brain development art education assists students to understand new concepts more effectively.
6. **Improving Academic Performance** –Art education in schools assists students in developing skills to solve creative challenges that help them in other academic subjects. The critical thinking and problem solving skills students develop through indulging in various art activities help them perform well in their core subjects
7. **Personal Development:** Art education can boost self esteem and confidence. It can help students develop a sense of accomplishment and pride in their work.

This study aims to highlight the place and significance of Art Education in Human Behavior . Visual arts hold great importance in value education due to their ability to facilitate originality through diverse activities and practices. They provide an effective platform for developing values such as self-confidence, awareness, responsibility, respect for differences and tolerance both in individual achievements and group work. Visual arts are believed to play a vital role in values education by embodying abstract concepts. Value education occurs within the family during early childhood and later extents to formal educational settings. Visual arts contribute to individual spiritual and moral development while also promoting social and moral values essential for fostering harmonious coexistence within society. Values are gained through art education because art education is the education of humanity. Visual arts provide opportunities to cultivate values such as individual thinking, cooperation, trust, tolerance and fairness. Consequently, Visual arts hold a crucial place and significance in value education. This paper aims to emphasize on the role of art in imparting values within education.

Art Education Supports Value Education-

1. **Enhancing Cultural Awareness:-** Exposure to various art forms and cultural expressions broadens perspectives and fosters appreciation for diversity.

2. **Promoting Ethical Behavior:-** Engaging with art can raise awareness about the social issues and ethical dilemmas, encouraging critical reflection and responsible behavior.
3. **Boosting Academic Performance:-** Studies have shown that art education can enhance academic performance, improve memory and increase overall motivation.
4. **Developing Life Skills:-** Art education cultivates important life skills such as perseverance, resilience and collaboration, which are valuable in various aspects of life.
5. **Promoting Positive Social Interactions:-** Group art projects and collaborative art activities encourage teamwork, communication and social interaction.

Art plays a crucial role in shaping human behavior by fostering creativity enhancing cognitive skills, and promoting emotional understanding and empathy. It also provides a platform for self expression and exploration, allowing individuals to process emotions, understand the world around them, and connect with others. Art contributes to human behavior development through emotional engagement, community building and enabling problems solving. The art can help individual and societies shift toward more meaningful and sustainable behavior.

Art activities can lead to positive behavioral changes in children, fostering creativity, self expression and social skills, these activities can enhance cognitive development, improve fine motor skills and boost self-esteem. Additionally art can serve as an outlet, helping children manage emotion and develop coping mechanisms. Some more details mentioned below:-

1. **Increase Creativity And Imagination:-** Art provides children a platform to explore their imagination and experiment with different ideas without limitation. They can create without boundaries, encouraging them to think freely and make creations.
2. **Enhanced Self- Expression And Confidence:** Art allows children to express their feelings and ideas. The process of creating art can be rewarding, leading to increased self-esteem. Children can develop confidence in their abilities and feel empowered to express themselves.
3. **Improved Social Skills:** Art activities can foster collaboration and teamwork, as children work together on projects. By this they can learn to share

ideas, take turns and appreciate each other. Art provide opportunities for social interactions and building social circle.

- 4. Enhanced Cognitively Development:** Art can also enhance cognitively skills like spatial reasoning and spatial orientation.
- 5. Therapeutic Benefits:** In creative expression can lead to psychological changes, such as reduced stress and increased relaxation.

Art activities offer a range of benefits that can contribute to positive behavioral changes in children, art can help children grow into well rounded individual. Art nurtures social skills in early childhood. Through Art children learn how to communicate effectively and work together towards a common goal. Art exposes to different cultures and traditions and help them develop an appreciation for diversity and the world around them.

Art Supports Individual Behavior Change

Art is particularly powerful because it bypasses logical reasoning and directly influences emotions, which are central to behavior. Here are some ways the arts support.

- 1. Narrating Stories:** Through stories, whether in films, theater or novels, the arts helps us explore different life choices, understand consequences, empathize with others. these narratives can inspire individuals to change by offering new perspectives.
- 2. Public Art And Awareness :-** “Public art projects can raise awareness about specific social or environmental issues, encouraging behavior change on a large scale.
- 3. Celebration Of Small Wins:** The arts celebrate small achievement on completion of a painting or appreciate someone for his/her work. Appreciation keeps them engaged in work, they are more likely to be motivated stay longer with the company.
- 4. Creative Process And Problem Solving-**The creative process in art therapy can help individuals develop problem - solvingskills and boost their self-stream, leading positive behavioral changes. It helps people think freely and get unique solutions.

Conclusion:-

In conclusion, art activities, offer a range of benefits that can contribute to positive behavioral changes in children. By encouraging creativity, self-expression, social interaction and cognitive development art can help children grow with well

rounded- individuals. Education equips individual with the tools they need make informed decisions and adopt healthier, more responsible behavior. Education empowers individuals to become active participant in shaping the world around them.

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